



Adventures in Mind

Travel Study for the Community

2019 Adventure: Cathedrals of England

Location: Exeter, with day-trips to other cities.

Dates (to be confirmed): July 12 - August 2, 2019.

Group Leaders: Prof. John Black, Liberal Studies and Philosophy; Constance Kovalenka.

Adventures in Mind is VIU's educational travel program for the community. It will appeal to life-long learners who are inquisitive, open-minded and looking beyond the usual tourist experience. It is open to free spirits of all ages: a level of physical and mental fitness is highly advisable; curiosity and a sense of community are essential!

The Cathedrals of England Adventure provides a stimulating yet relaxed exploration of the styles of architecture which have formed the tradition of church-building in the British Isles, and of the styles of music which has been written specifically for church performance.

This is not a religious studies program, as it is concerned only with the secular subjects of art history and music history. We will visit several cathedrals, listen to live and recorded music, and learn about the historical transitions through which music and architecture have passed in the last thousand years. Of central interest will be the myriad connections between these two art-forms.



Under expert guidance, a group of 10-12 participants will encounter the architecture and music of cathedrals through tours, concerts, lectures and seminar discussions, with ample free time for independent activity. Participants are encouraged to share their background knowledge and developing understanding with others, so that all benefit in their learning.

Architecture is Music written in Stone ... Music is Architecture written in Sound

Group Leaders



Dr. John Black coordinated the Liberal Studies Abroad credit program from its inception in 1996 until 2016. He has Master's degrees from Cambridge and Simon Fraser, and a PhD from UBC, all in Philosophy. A devotee of Gothic architecture and mediaeval and Renaissance music, he has travelled extensively in Europe, and has led many study groups to England, Italy and the Czech Republic. He values Exeter in particular because of its proximity to many significant churches, and the beauty of the surrounding countryside.

Connie Kovalenka is a graduate of the Liberal Studies program at VIU. A visual artist in her own right, she has a special

interest in Gothic statuary, and is knowledgeable about the geography of the city of Exeter, its markets, its cats, and its antiques and junk shops.



Tentative Itinerary

The Adventure will begin with optional preparatory sessions in Nanaimo before departure. The schedule below will be updated in light of contingencies. It will however give you a general idea of what to expect.

- Day 1 Arrive Sidbury; settle into accommodation
- Day 2 Orientation, Walk and Lunch
- Day 3 Free Day
- Day 4 Saxon Church & Gloucester Cathedral
- Day 5 Church, House or Garden TBA
- Day 6 Wells Cathedral; Glastonbury Abbey
- Day 7 Exeter Organ Recital
- Day 8 Chichester Cathedral and Concert
- Day 9 Free Day
- Day 10 Free Day
- Day 11 Hereford Cathedral & Tintern Abbey
- Day 12 Church, House or Garden TBA
- Day 13 Exeter Cathedral
- Day 14 Church, House or Garden TBA
- Day 15 Salisbury Cathedral & Stonehenge
- Day 16 Free Day
- Day 17 Free Day
- Day 18 Worcester Cathedral and Gloucester Concert(s)
- Day 19 Winchester Cathedral
- Day 20 Free Day, Final Dinner
- Day 21 Leave Sidbury, Arundel Cathedral, Drive to Hotel at Gatwick
- Day 22 Leave England



Accommodation

Our self-catering accommodation in the village of Sidbury consists of a large Georgian house (and if both necessary and possible an additional cottage close by) with separate bedrooms, and a spacious open-plan kitchen, dining and living area – a flexible mix of social and private space.

Program Fees

Package costs include program overheads, accommodation, all program-related travel within England, books and educational materials, and admissions to all cultural sites and events. Participants must arrange their own air travel to England and have adequate travel insurance, including medical. Food is not included, but accommodation is in student residences with shared kitchens, so that food costs can be kept to a minimum.

Program Fee: \$4,995 (plus application fee of \$40.10, subject to change)

Payment Schedule

In order to allow us to make a firm decision to proceed with the Adventure, which depends upon enrolment, and to make bookings for accommodations etc., it is essential that we are able to cover our overheads well in advance of leaving Canada. The following payment schedule is therefore necessary:

1. On submission of Application for Admission: application fee of \$40.10
2. Within two weeks of notification of acceptance: commitment fee of \$500
3. Due December 15, 2018: booking deposit of \$2,000 (deadline negotiable for new applicants)
4. Due March 11, 2019: payment of remaining balance (\$2495)

Provided you are accepted into Adventures in Mind, all payments are non-refundable, except in case of cancellation of the Adventure by Vancouver Island University.

Travel Medical Insurance

ALL participants under the age of 70 are required to join Vancouver Island University's mandatory comprehensive group plan: for details please see <https://international.viu.ca/education-abroad/insurance>. Because it is a group plan the rates are reasonable, and the coverage is excellent.

Those 70 or over may choose whether or not to participate in this particular plan, but must in any case have comparable coverage for the duration of the Adventure; before departure they must provide program personnel with details of their insurance policies and sign an exemption form.

Program staff will assist you in making the necessary applications for insurance, or for the exemption where applicable. **Please do not buy insurance until the Adventure has been confirmed by VIU.**

You are strongly advised to obtain coverage for trip interruption and cancellation as well as travel medical insurance.

For medical, safety and other advice on travelling overseas, please visit the federal government website <https://travel.gc.ca/>.

Important Notice

A level of physical and medical fitness is required to get the most out of the Adventure. Some of the sites visited are accessible only on foot (some may not be wheelchair-accessible), and some visits may require lengthy periods of walking and standing. On arrival and departure you will have to carry your own luggage. If you have any limitations or concerns in this area, please consult Adventures in Mind personnel before applying.

Application Process

To discuss your interest in the 2019 Adventure, or to request application materials, please contact the Program Coordinator, Regan McKeever by phone at: 1-888-920-2221 (local 6536); or by email to Regan.McKeever@viu.ca.

Print and complete the Application for Admission form included in this package, or found online at: https://adm.viu.ca/sites/default/files/aim_application_form.pdf

Submit your completed Application for Admission form along with the \$40.10 application fee by mail or in person to:

Adventures in Mind
Vancouver Island University
100 Jensen Ave East
Parksville, BC V9P 2G3

Adventures in Mind is a VIU program and a student record will be created for you, if you don't already have one. All applicants must pay an application fee of \$40.10 at the time of submission.

You will be notified by mail when you are accepted into the Adventures in Mind program.

A \$500 commitment fee will be payable within 2 weeks of your acceptance. Full details on next steps, including how to pay the commitment fee, will be included in your Letter of Acceptance.



www.viu.ca/adventures-in-mind